

**ST ANNE'S
COLLEGE**

2023-24 FRESHERS' HANDBOOK



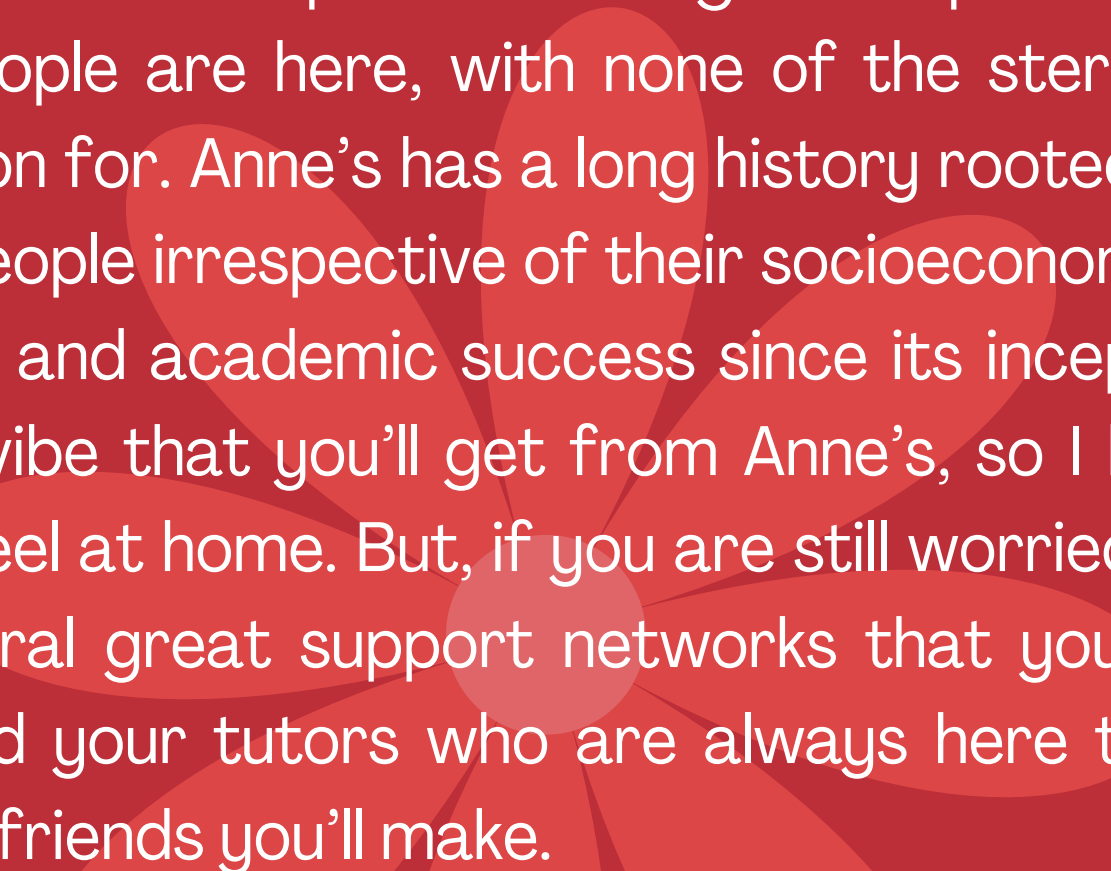
JCR PRESIDENT'S LETTER



Dear incoming St Anne's students,

Welcome! Congratulations on securing your place at Oxford and becoming part of the St Anne's community! After a long and challenging application process, you've made it! I hope that you are incredibly proud of this achievement and are excited to join us here in October. I know many of you may also be feeling anxious about adjusting or just have lots of questions, so in this letter, I hope to reassure you that St Anne's is the best college (obviously) and is here to support you, especially in these first few weeks. I will also talk a bit about the JCR and Oxford life in general.

To briefly introduce myself; I'm Ruby, I study Biology and I'm going to be your JCR president for this year! The 'JCR' is something you will become very familiar with over your time here and it stands for 'Junior common room'. This refers to two things; the group of undergraduate students that you are a part of, and a physical location called the Danson room – a social space with games, a ping pong table, tea and coffee etc. There's a lot of Oxford jargon that will be new to you, so we've included a glossary of words used by the JCR in this handbook that may be useful. However, my advice is to not worry about knowing what everything means right away as it will become very normal over time. The JCR committee is a group of 26 elected students in their second year who represent the JCR. You will get to know some of these people over freshers' week as many of the freshers' helpers are part of the committee. You can go to the relevant person for several matters including welfare, entertainment, equality and sports. Concerning my position, you can come to the JCR president with any matter and I will either be able to help you directly or pass you on to the people who can. Either way, feel free to drop me a message or find me around college at any time - I am more than happy to help.



So, St Anne's is undeniably the best college, but what makes it so special? As a certified Stanner, you've become a part of a community of people dedicated to several important causes that build up our amazing atmosphere. What I love most about Anne's is how easy-going people are here, with none of the stereotypical pretentiousness Oxford can have a reputation for. Anne's has a long history rooted in access to an Oxford education for women and all people irrespective of their socioeconomic background, and has championed diversity, inclusion, and academic success since its inception. As a result, the feeling of inclusivity is a general vibe that you'll get from Anne's, so I have no doubt that you will all fit right in and quickly feel at home. But, if you are still worried about adjusting to this new way of life, there are several great support networks that you will find here including our amazing welfare team and your tutors who are always here to help, as well as your coursemates and the amazing friends you'll make.

Coming to Oxford, you may already have some ideas about what it's like, both good and bad. Oxford is where you will be challenged intellectually and pushed to your academic limits, and so you may have heard horror stories about intense workloads and contact hours. My advice is to remember you got your place here because you can manage it. Imposter syndrome affects many of us here, just know that getting overwhelmed is normal and part of the learning curve. Over this first year, you'll learn to manage your time effectively to have a good work-life balance, and you will look back and be amazed at how much you were able to achieve in such a short period of time, so embrace every minute of it. Another bonus is that Oxford is a historic and beautiful place to be, and working in the diverse array of libraries, parks and artisan coffee shops really romanticizes the feeling of doing work, so explore and enjoy everything the city and college has to offer! But aside from your studies, there are a range of fantastic societies to immerse yourself in including anything from sports, creative arts and even psychedelics! The options are endless, so make the most of the opportunities.

This handbook has been created by the JCR committee and fresher's helpers, and assembled by the amazing Krishh, your JCR Vice-President. It contains introductions to the JCR committee, fresher's helpers (who will be around nearly 24/7 for you during fresher's week) and a few pages of information on the major aspects of Oxford life. I hope that it is useful, informative and answers any lingering questions you might have. However, if some are still left unanswered, please feel free to contact me, either via email (ruby.austen@st-annes.ox.ac.uk) or on Instagram ([@rubyaustenn](https://www.instagram.com/rubyaustenn)), whatever you prefer! Again, massive congratulations on receiving your offers, we are all excited to meet you! I wish you all a wonderful remainder of summer and I'll see you all soon in St Anne's!

Ruby :) (*she/her*)

JCR President

JCR VICE PRESIDENT'S LETTER



Dear incoming freshers,

A very warm welcome to St. Anne's!! You have secured a place at one of the most prestigious universities in the world, and at a college that offers a truly unique and wonderful lens for experiencing this journey which includes a world-class education, great memories and loads of fun. So be proud, you've done well and deserve to be here!

Firstly, a bit about me: My name is Krishh, I'm studying Chemistry and I'll be your JCR Vice President for the upcoming year. But what are all these roles and what do they do? As Ruby explained eloquently, the JCR is the undergraduate student body of college, and you will get to know about the JCR committee as you read this guide. The different reps are always there to help on a wide variety of issues, ranging from how to help better the environment to finding out when the next karaoke night in the college bar is. You'll meet most of us within the first few weeks, so don't worry about approaching us for anything at any point (we swear we don't bite). As for me, the VP serves as a kind of jack-of-all-trades. Essentially look at me as a sort of friendly genie, who will either help you solve your problems or direct you to someone who can. I have also put together this really long handbook and you'll hopefully see me around during Freshers' Week, so please know that I'm here to help whenever you face any issues, even if it means approaching me in a library at midnight while I ponder over my problem sheets.

Your wonderful president Ruby covered several points on Anne's and Oxford life, and I'll add on some of my own below as your resident expert on overthinking and worrying.

First and foremost, rest assured that Anne's is definitely the place for you. Most people describe it as a non-traditional Oxford experience, but I feel it encapsulates the best of what Oxford aims to be. While it might not have the long history of typical Oxford colleges, it has its own charm reflected in the mix of old and new buildings throughout college. Similarly, the people have the same commitments to work and pursuing knowledge while having a newer, more accepting and inclusive outlook in all their pursuits. So, whatever your background, you'll be sure to find a home here.

Now, having been in your shoes a year ago I can imagine what you are wondering: How will I ever fit in at a place like Oxford? Is the workload really difficult to manage? How will I go about making friends in the first place? The first thing you need to know is that you are going to be okay. You are going to be absolutely fine.

Everyone who gets here feels like they don't belong here initially, but trust me, you wouldn't be here if you weren't passionate about your subject and a genuinely interesting person. The selection process ensures that you are here because you are more than capable of being here. Don't listen to all the rumors you hear about the workload, the amount varies for everyone, and so does the way they manage it. You'll find the right balance for yourself- either in the first few weeks or more, but you will find it. It took me two terms as well, so don't be afraid if you don't have a handle on things immediately- most people don't, and in the meantime are still alright. Use the first year as a trial period to try out different studying styles and understand what works best for you, and don't be afraid to ask for help at any point!

Lastly, don't worry about making friends, especially at Anne's! You'll encounter one of the most welcoming communities at this college, built on foundations of diversity and inclusion so that everyone can find a place. And even if you don't click with anyone immediately, don't stress! Making friends isn't something that happens overnight, and you have plenty of time to build relationships with course mates, housemates, or even a completely random group of people you just happen to enjoy spending time with. Plus, there are literally hundreds of societies catering to any interests and passions you may have, so you are sure to find your people! Just remember to seize any opportunities that come your way, and don't put pressure on yourself to have everything figured out from day 1.

I am honored to be working with Ruby and the rest of the JCR committee to make this process of coming to university easier for all of you, and you will also have some great Freshers' helpers who will be there to help you settle in during the first week! If you have any further questions or doubts about anything at all, or even just want to have a casual chat, feel free to reach out to me at krishh.chaturvedi@st-annes.ox.ac.uk or via Instagram (@krishh.chat) or Facebook.

Finally, good luck and congrats on getting here! We hope you are raring to get started just as much as we are looking forward to meeting you. Hope you enjoy the rest of your summer and see you soon!

Krishh :) (*he/him*)

JCR Vice President

ST ANNE'S

MEET YOUR JCR COMMITTEE
MEET YOUR JCR COMMITTEE
MEET YOUR JCR COMMITTEE



THE JCR IS THE COLLEGE DEMOCRACY. OUR JCR COMMITTEE ARE THE PEOPLE
IN CHARGE OF RUNNING THAT DEMOCRACY, AND THE PEOPLE YOU GO TO IF
YOU HAVE ANY NEEDS DURING YOUR TIME AT ST ANNE'S.

2023-2024

PRESIDENT

RUBY AUSTEN (SHE/HER)

SUBJECT: BIOLOGY

Hey! I'm Ruby, I study biology and I'm going to be your JCR president for this year! It's therefore my responsibility to make sure the thoughts and opinions of the JCR are represented at college and university-wide levels. Feel free to message me or find me for a chat if you have any questions, worries or anything at all, i'll be more than happy to help:)

Email: ruby.austen@st-annes.ox.ac.uk



VICE-PRESIDENT

KRISHH CHATURVEDI (HE/HIM)

SUBJECT: CHEMISTRY

Hello everyone, my name's Krishh, I'm a first-year chemistry student from New Delhi, India, and I'm gonna be your vice-president for the forthcoming year! I'm looking forward to being a part of the lovely new JCR committee, and continuing to make St. Anne's the best Oxford college (which it is, no doubt about it). Apart from being a friendly and approachable face around college, you can look at me as a kind of genie who can basically solve all your problems, or direct you to a person who can :) Soo excited to meet the freshers and have an amazing freshers week and rest of the year!! Let me know any concerns/questions you have, always up for a chat!

Email: krishh.chaturvedi@st-annes.ox.ac.uk



SECRETARY

AMY SEAL (SHE/HER)

SUBJECT: HISTORY & POLITICS

Hi everyone! I'm Amy, a second year History and Politics student, and I'll be your JCR secretary. I'll send out a weekly email newsletter with events going on inside and out of college (please read it!!) as well as write up the minutes for the JCR meetings we have! Please feel free to contact me if you have any suggestions or anything you want to be published. :)

Email: amy.seal@st-annes.ox.ac.uk



TREASURER

GASPARD ROUFFIN (HE/HIM)

SUBJECT: HISTORY & GERMAN

Hi! I'm Gaspard and I am a second year from France doing History and German. I will be the JCR treasurer next year, and will be in charge of all things money-related for college and the JCR. Can't wait to help fund community projects for St Anne's, and don't hesitate to reach out if you have any questions or suggestions, or any concerns about the JCR budget!

Email: gaspard.rouffin@st-annes.ox.ac.uk



WELFARE REPS

LUCA NINESS (HE/HIM)

DAISY ETELL (SHE/HER)

SUBJECTS: PSYCHOLOGY & LINGUISTICS AND SPANISH & LINGUISTICS

Hi! We're Daisy (Spanish and linguistics) and Luca (psychology and linguistics), and we'll be the undergraduate welfare reps for the upcoming year. We're here to support you in all welfare-related matters from mental health to navigating university life and beyond. Starting university means a big change for most people and each person may face unique challenges along the way, and we want to make the adjustment process as smooth as possible. We have lots of plans for events — welfare teas, walks, craft sessions, informal chats and such will take place regularly — but we are also responsible for advocating on behalf of the undergraduate body for your safety and wellbeing. We are also one of the key points of contact if you're ever in distress, so feel free to approach/email us whenever you're having a hard time or need someone to speak to.

Email: luca.nines@st-annes.ox.ac.uk and daisy.ettel@st-annes.ox.ac.uk



ACCESS REP

ISABELLA HICKMAN (SHE/HER)

SUBJECT: ANCIENT & MODERN HISTORY

Hi! I'm Isabella and I'm really excited to be the access rep this year. The role involves working with the outreach department to help spread information and advice to potential applicants and ensuring that St Anne's is doing everything we can to encourage students to apply, regardless of their background. I've had such a wonderful first year and I want to help as many different students as possible to have the opportunity to apply to Oxford. I'd really encourage new students to become Student Ambassadors for college as it's such a rewarding experience! Please do get in touch with any questions.

Email: isabella.hickman@st-annes.ox.ac.uk



ENTZ REPS

PARAS SHAH (HE/HIM)

MEGAN DEACON (SHE/HER)

SUBJECTS: ENGINEERING AND ENGLISH & FRENCH

Oxford does not have to be all work and no play - that's where we come in: I'm Megan from South East London and I study English and French, and I am one of your Entz (entertainment) reps for this year. You can usually find me procrastinating in stacs or in the College Bar when I'm not at cheer at Iffley! If you have any questions about Entz, cheerleading or gymnastics, English and French or joint honours don't hesitate to email me. Hey, I'm Paras from North London! I study Engineering and I'll be your other Entz rep for this year. I seem to spend most of my life talking about London (even though I barely make it in) and plans for pres. My main selling point is the fact that I am always in a club, and never busy there - if you ever need a hand then give me a shout. If you have any questions about Engineering, cheapest pints, Entz or anything else then you can email me.

Email: paras.shah@st-annes.ox.ac.uk and megan.deacon@st-annes.ox.ac.uk



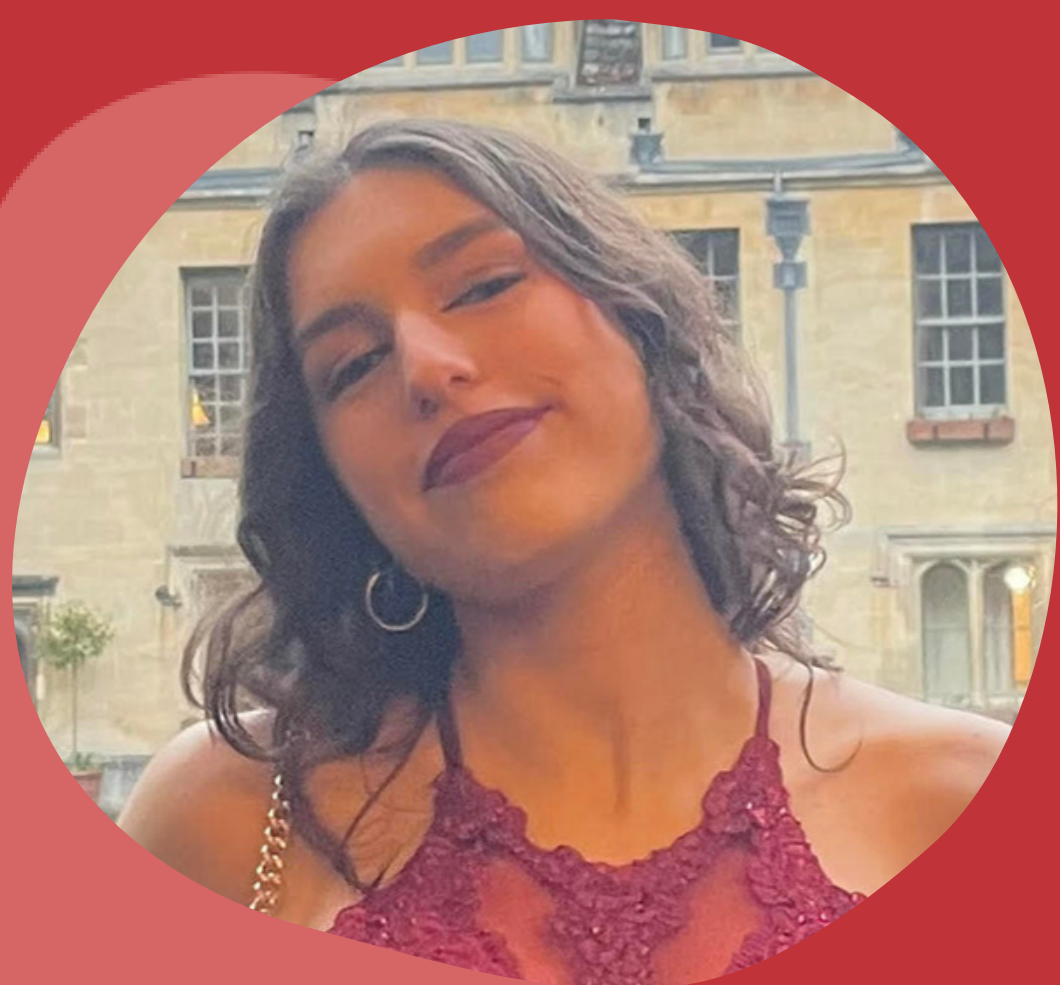
INTERNATIONAL STUDENTS REP

SOFIA ARATA (SHE/HER)

SUBJECT: CLASSICS

Hiya! My name is Sofia, and I am a second year Classics student. This year I will be representing the international community at Anne's, so it is my job to make sure that all of the incoming international students feel as welcome as possible. If you ever have any doubt, from details about international storage, to figuring out the best way to travel to and from Oxford, never hesitate to ask me about it! I will do my best to help.

Email: sofia.arata@st-annes.ox.ac.uk



EQUAL OPPORTUNITIES REP

SARA JUPP (SHE/HER)

SUBJECT: HISTORY AND POLITICS

Hello everyone! I'm Sara Jupp and I am the Equal Opportunities Officer, which means that I correspond with the Equal Opportunities Committee (Ethnic Minorities, Women's, LGBTQ+, Disabilities and Class!) and work to promote equal opportunities for students from all backgrounds, which Anne's is great at compared to other colleges. As someone who had a hard time adjusting in first year for a number of reasons, I can try and give any advice to anyone who wants help with that, or point you in the right directions for resources :)

Email: sara.jupp@st-annes.ox.ac.uk



LGBTQ+SEXUALITIES REP

HELEN ROSS (SHE/HER)

SUBJECT: ENGLISH

Hi, I'm Helen and I'm the Sexualities Rep for this year. I love all kinds of nerdy book conversations, good vegan food, boxing, Taylor Swift, and environmental awareness/activism. Maybe an odd combo, but that's what makes people interesting! I'll be working closely with George, the Gender rep, to ensure Queer Stanners have a wonderful time at Oxford and find their place in a warm, supportive community.

Email: helen.ross@st-annes.ox.ac.uk



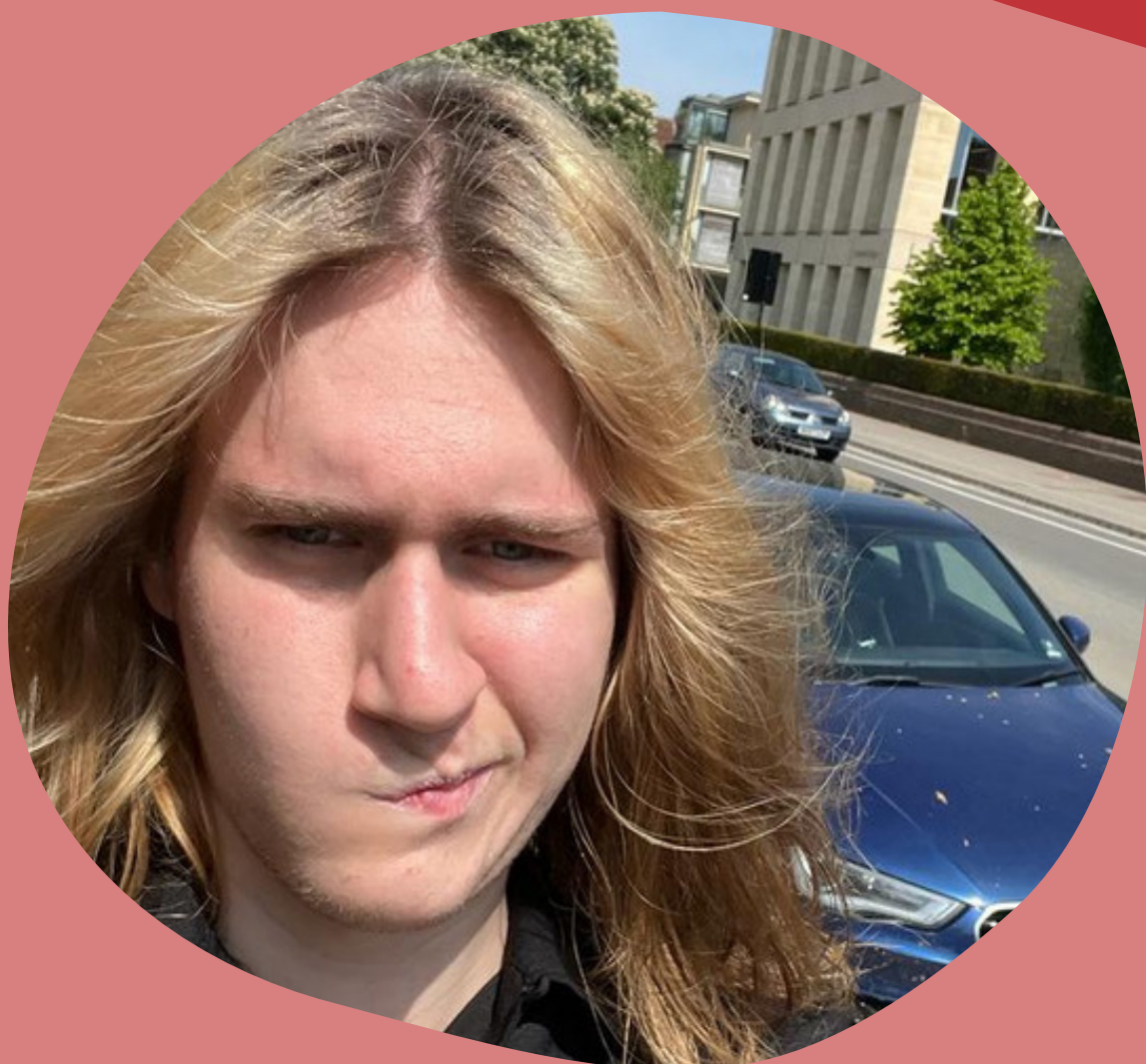
LGBTQ+GENDER REP

GEORGE ROWE (THEY/THEM)

SUBJECT: ENGLISH

Heya! I'm George and I'm one of your LGBT reps (the Gender one) this year. This means that I'll be fighting the corner of any trans* and gnc students at Anne's because, let's face it, there's a lot of admin that comes with being gender-queer. I also will be running the gender expression fund where you can claim expenses on any gender-related costs both to do with social and medical transition. Feel free to message me about anything queer-related (or about art or rock/metal) literally whenever because I have the worst sleep schedule in college.

Email: george.rowe@st-annes.ox.ac.uk



ETHNIC MINORITIES REP

AIMEE PHILLIP (SHE/HER)

SUBJECT: MEDICINE

Hey, I'm Aimee, I'm a medical student and I come from Peterborough. As this year's ethnic minorities rep, I'm incredibly excited about all the fun things we have planned throughout the year! From G&Ds trips to bar crawls to a POC formal, there'll be something for everyone. Alongside socials, I'm also here to support the students of colour here at Anne's, and I will always be around for a chat. This year, we are also introducing a BAME and International parent scheme, to help BAME freshers navigate Oxford with advice from older years of a similar background. I'm also working with Georgia, the domestic rep, to organise special hall meals and formals to celebrate various cultural holidays, such as Eid and Diwali. I'm proud to say that St Anne's is a diverse, inclusive and welcoming community, and this year we hope to continue strengthening that.

Email: aimee.phillip@st-annes.ox.ac.uk





WOMEN'S REP

NATASHA JOPSON (SHE/HER)

SUBJECT: LAW WITH FRENCH LAW

Hi, my name is Tash, and I am so excited to be your Women's Rep this year! I will be a friendly face for anyone to come and talk to as well as your JCR representative for any issues concerning female-identifying students. Alongside continuing to run our sanitary product scheme, I hope to organise inclusive events in the college bar and with other JCR and welfare representatives. I will add to the Anne's community and ensure that everyone has a place to be heard and share ideas! Please feel free to message, email or DM me, or find me in college if you have any ideas, issues or just want to chat! I look forward to meeting you!!

Email: natasha.jopson@st-annes.ox.ac.uk

DOMESTIC AFFAIRS REP

GEORGIA STEVENS (SHE/HER)

SUBJECT: LAW

Hi!! I'm Georgia from the Devon/Cornwall area and I'm the JCR domestic rep this year. My main responsibilities are sorting all things accommodation and food, as well as any other internal matters here at Anne's, so please reach out if you have any concerns or need any help in these areas. I love all things beach, coffee and sports, and am always up for a good night out! I hope to be a friendly face around Anne's and am super excited to meet everyone. I'm also the Anne's netball captain so make sure you all join netball when you start... ;)

Email: georgia.stevens@st-annes.ox.ac.uk



ACADEMIC AFFAIRS REP

BELLA WHITMORE (SHE/HER)

SUBJECT: LAW

Hi everyone, I'm Bella and I'm your academic rep, so I'm here to answer any questions and address any issues you may have regarding academic work and tutors. I hope to show you that Annes is a welcoming environment and make you all aware of all the resources and opportunities available to you, as well as the support the college provides for whenever you may be struggling. I'll be sending you anonymous tutorial reviews so that you can raise any issues you have. I'm always up for a chat, so send me a message, especially if you feel overwhelmed or are struggling at all!

Email: isabella.whitmore@st-annes.ox.ac.uk



ENVIRONMENTAL REP

MISHAELA ANDREWS (SHE/HER)

SUBJECT: MATHS

Hey, I'm Mishaela and I'm your environment rep! It's my job to make Anne's as environmentally friendly as possible. I know Maths student doesn't scream eco warrior but I think the environment is something everyone can be passionate about! By working with members of the Anne's community, from alumni to staff and current students, I hope to build on the new action plan to make a difference. I know being environmentally friendly can be difficult especially since we're all super busy but I hope to make sustainability accessible so everyone can find a way to get involved! Until then, there are loads of other fun environmental university-wide societies, and if you have any ideas or questions please do reach out!

Email: mishaela.andrews@st-annes.ox.ac.uk



SPORTS REP

BENAIHA HOONG (HE/HIM)

SUBJECT: BIOLOGY

Hi! I'm Benaiah and I'll be your Sports Rep. I love all things sports and I hope to make Anne's a vibrant sporting community. From playing sports recreationally in college to representing Oxford at Varsity, I am here to support anyone who wants to be involved in sports!

Email: yong.hoong@st-annes.ox.ac.uk



ARTS REP

LEIF FINDLAY (HE/HIM)

SUBJECT: CLASSICS AND ENGLISH

Hi, I'm Leif, and I'll be your Arts Rep for this year. I'm a second-year doing Classics and English. When I'm not preserving my course-mandatory love of literature, I can usually be found on the rugby pitch or in one of the many lovely Oxford cinemas. I'll be running creative projects throughout the year, so keep an eye out for emails, and come chat if you have any new ideas!

Email: leif.findlay@st-annes.ox.ac.uk



DISABILITIES REP

LUCIANNA CARTWRIGHT (SHE/HER)

SUBJECT: ENGLISH

Hi! I'm Lucianna (Luci), a second year English student from the Wirral. I'm also neurodivergent, which is why I'm excited to be your disability rep this year! Please don't hesitate to get in touch if you've found something in college to be inaccessible, have questions about the Disability Advisory Service (DAS), or are a disabled student with concerns about your own welfare. Goals of mine are to enable disabled students here to participate in any area of college life they choose, and to bring Anne's disabled community together through socials - from personal experience, it can be a weight off your shoulders to walk into a room and know that everybody in there understands! Do stop me around college if you'd like to chat, or just drop me a message in the meantime.

Email: lucianna.cartwright@st-annes.ox.ac.uk



CLASS REP

DESTINY ROSE-FORDE KENNEDY (SHE/HER)

SUBJECT: LAW & SPANISH LAW

Hi I'm Destiny and I'm a second year studying law and Spanish law! I'm a first gen student from a low income background, and I have done a lot of access work at Oxford so far. Due to my background, I understand how important it is that Oxford feels like a second home and doesn't make anyone feel out of place. I'll be working with the College and I am also here to help anyone who feels they're struggling to fit in as I form part of the equalities committee. I love a good chit chat anytime of the day and so please stop me for a chat or send me a message!

Email: destiny.rose-fordekennedy@st-annes.ox.ac.uk

CHARITIES REP

SHALINA SUDHIR (SHE/HER)

SUBJECT: GEOGRAPHY

Hiya, I'm Shalina and I'm going to be your charities rep next year! I'm a second year geographer and I grew up in north London. The charities rep organises events throughout the year that raise money for various charities, including the charity of the year, as voted for by the whole JCR at the start of the year. If you're interested in raising money for a certain charity or want to do some volunteering around Oxford let me know, and we can work together to make it happen! Feel free to email any questions you have, or stop me for a chat if you see me around college!

Email: shalina.sudhir@st-annes.ox.ac.uk



IT REP

ANGELA CHEN (SHE/HER)

SUBJECT: BIOCHEMISTRY

Hey everyone! I'm Angela, a second year biochemist and I'll be your IT Rep this year! I'm responsible for managing the JCR website, which includes weekly menu updates, meeting minutes uploads, and formal date updates. I'll be online during Fresher's Week (via Facebook, email, Whatsapp) to assist you with connecting to our university wifi, Eduroam. Please don't hesitate to get in touch with me if you have any IT issues. If I am unable to help I'll point you in the direction of the appropriate university or college's IT assistance.

Email: angela.chen@st-annes.ox.ac.uk



STUDENT UNION REP

JULIA MARANHÃO-WONG (SHE/HER)

SUBJECT: PPE

Hey there! My name is Julia. I am a second year studying PPE, based in Boston and San Francisco. I look forward to representing St. Anne's (you all) in the Student Union! The SU is the representative governing body for the whole of the university, and I'm excited to promote Anne's interest through Oxford-wide policies and petitions coordinated by the SU, as well as connecting the college with the wider student community. If you have any University questions beyond St. Anne's, I'm your gal! Looking forward to meeting you all.

Email: julia.maranhao-wong@st-annes.ox.ac.uk



ALUMNAE & COMMS REP

LOLA BELL (SHE/HER)

SUBJECT: BIOCHEMISTRY

I'm Lola, a third year Biochemist and will be in charge of ensuring the JCR remains well connected to our network of brilliant alumnae, with the additional role of managing the Anne's Instagram. This means I'll be chasing after the student body for any sporting/college highlights, asking students (very nicely) to do some takeovers to show what being at Oxford is really like to prospective students, and working with the development office to put on events with alumnae that benefit the JCR.

Email: lola.bell@st-annes.ox.ac.uk



MEET YOUR FRESHERS' HELPERS



FRESHERS HELPERS WILL BE YOUR FIRST POINT OF CONTACT IF YOU HAVE ANY QUESTIONS DURING FRESHERS' WEEK. FEEL FREE TO CONTACT THEM ON FACEBOOK, INSTAGRAM, OR IN PERSON!



RUBY AUSTEN

🏠 Glastonbury, Somerset

🎓 Biology

📌 Make the most of your time here! Take advantage of every opportunity around you, it could be anything from the career service to activism. But don't fret over not having done enough in your first few weeks or terms, there's plenty of time throughout your course to experience all of Oxford!



KRISHH CHATURVEDI

🏠 New Delhi, India

🎓 Chemistry

📌 Just be patient with yourself! Everything will work out, whether it is coursework or making friends, so just enjoy living in the moment and seize any opportunities. And remember, everyone is as clueless as you are :)



AMY SEAL

🏠 Kingsbridge, Devon

🎓 History & Politics

📌 Try to speak up in tutorials, even if your tutor is really scary and even if you think what you have to say is really stupid - they have probably heard worse anyways!



GASPARD ROUFFIN

🏠 Paris

🎓 History & German

📌 Bring Tupperware, you'll never have enough!





MEGAN DEACON

London

English & French

Treat your fob/keys like your newborn baby - they're a pain to replace



PARAS SHAH

London

Engineering

Don't worry if you feel like if you haven't made enough friends or found 'your people' in the first few weeks of freshers or even the first term- I made a lot of my closest friends a lot later on. Just remember everyone is in the same position as you and everyone wants to make new friends



DAISY ETELL

Chesterfield, Derbyshire

Spanish & Linguistics

Remember to take time out for you. Oxford can be overwhelming at times and we all need a break, doing something for you is a good way to recharge and look after yourself!



LUCA NINESS

Oxford

Psychology & Linguistics

Pretty much everyone who seems to have things sorted out is faking it. You're never doing as badly as you think you are.



ISABELLA HICKMAN

Birmingham

Ancient & Modern History

However you are feeling about moving to university is completely normal and valid! It's a really new experience for most people and it is totally okay to feel conflicting emotions.



HELEN ROSS

St Albans

English

Don't stress if you haven't done all the pre-work, just do enough to make yourself feel prepared. You'll survive!



GEORGE ROWE

Reading

English

Getting out of the Oxford Uni bubble is the best thing for your mental health so look into city-wide societies/events and socialise with locals and Brookes students too! Also utilise the wonderful Port Meadow just across the road from Anne's.



AIMEE PHILLIP

Peterborough

Medicine

Make sure to pack some formal clothes (e.g. suits, dresses etc) and shoes to wear to formal halls and other events



GEORGIA STEVENS

North Devon

Law

Don't stress about the work in freshers week!! It's not important and you'll look back and wish you had spent more time having fun.

LEIF FINDLAY

Brighton

Classics & English

Do everything! There are so many opportunities here that you won't have access to anywhere else, and whatever you do you're guaranteed to meet great people and learn a few things. Pack as much into the short terms as possible!

JULIA MARANHAO-WONG

Boston and San Francisco

PPE

The porters are some of the kindest and funniest people you will meet; be friendly, especially if you're like me and going to lose your fob often!

ADAM COLE

Exeter

Music

Before coming to Oxford have a way of planning sorted. Getting used to putting every piece of work in a calendar and knowing exactly when your tutorials are is important. Oxford can be stressful sometimes, but if you have this set up it means that make better use of your free time and all of the great things to do in Oxford.



ABI GOODRICK-GREEN

London

Materials Science

Don't be afraid to attend societies and clubs on your own, it's the best way to meet new people!

BORIS STONE

Edinburgh, Scotland

Engineering

I would definitely recommend trialling for university sport if you can. It's a great way to meet people outside of college and stay healthy. And don't worry about the work too much!

GREER CLARKE

Brisbane

Law

Go "swimming" in your subject readings before you get here - pick and choose whatever looks most interesting and read about that. It'll ease you in to the content and probably be relevant later!

INAYA GHARATYA

London

Medicine

Get the spoons voucher booklet - they do one during first term & bumbu shots are £1.50



JACQUES BOWKLEY

 Uckfield, Sussex

 Engineering


 Join a college or a uni sports team - it's a great way to meet different people.



NIMISHA BICA

 Leicester

 Physics

 Freshers flu is real so don't be afraid to come to uni with a fully stocked pharmacy in your bag.



SCOTT MALCOLM

 Edinburgh, Scotland

 Physics


 Get involved with societies! It's a great way to meet people you have things in common with and make new friends outside college (join tennis)



TOM TABBORN

 South London

 History & Politics

 Go to the lectures! I know everyone says it but it is so useful. Or if they're at 9am, check which ones are recorded...

WE'RE ALL SO EXCITED TO MEET YOU! IF YOU SEE ANY OF US AROUND COLLEGE, KNOW THAT YOU ARE IN SAFE HANDS AND YOU CAN APPROACH US ABOUT ANYTHING AND WE CAN DIRECT YOU TO THE RIGHT PEOPLE. EVEN IF YOU JUST WANT A CHAT OR HAVE ANY QUESTIONS ABOUT FRESHER'S WEEK OR COLLEGE LIFE IN GENERAL, WE ARE HERE TO HELP. WE DON'T BITE I PROMISE.



ACCOMMODATION

WOLFSON

It may be brutalist from the outside but has a lot to offer!

You can expect to have a sink with a mirror and a balcony, that most other rooms in freshers buildings don't have. Expect big kitchens with good storage space too!

ATB (Above The Bar)

All rooms in ATB are quite big, and have nice large windows. The layout of the building itself is quite a maze and takes some getting used to. There are no rooms with mirrors so make sure you bring one! Kitchens are fairly small but there is ample storage space so you don't need to worry.




WOODSTOCK

Rooms in Woodstock range quite a lot in size but are all fairly spacious. All rooms come with sinks and mirrors and there are quite a lot of bathrooms: around six in the building. The kitchen is really large and is shared by everyone in the building. It is a great social space so there is a definite community feel here!



THE BEVS (The Bevington Houses)



Currently being renovated!
(count yourself lucky)



WHAT TO PACK?

ESSENTIALS

- > CLOTHES, FANCY DRESS FOR BOPS, FORMAL CLOTHES
- > CLOTHES HANGERS
- > STATIONARY
- > EXTENSION CABLES
- > TOWELS AND TOILETRIES
- > MATTRESS TOPPER
- > THINGS TO MAKE YOUR ROOM FEEL HOMELY (PLANTS, LIGHTING, PICTURES AND PINS FOR PINBOARD)
- > MEDICATIONS (PARACETAMOL!!)
- > SAUCEPAN AND FRYING PAN
- > CHOPPING BOARD AND A DECENT KNIFE
- > DISTINCTIVE PLATES, BOWLS, MUGS, GLASSES, AND CUTLERY SO PEOPLE KNOW THEY ARE YOURS
- > WASHING PODS
- > LAUNDRY BASKET OR SOMETHING TO CARRY YOUR LAUNDRY TO THE LAUNDRY ROOM

USEFUL

- > COLLEGE PROVIDES SHEETS BUT YOU CAN BRING YOUR OWN IF YOU WANT
- > CLOTHES HORSE
- > SHOWER CADDY
- > SHOWER SHOES/FLIP FLOPS
- > SPEAKERS
- > DOORSTOP
- > LAMP
- > COLANDER AND GRATER
- > FOOD (STOCK UP FROM YOUR PARENTS WHILE YOU CAN)
- > A GOOD BACKPACK/TOTE BAG



Hello and welcome to St Anne's!

Your welfare reps for this year are Luca and Daisy and our job is to support you with any worries or problems you might have, whether it is to do with physical, mental or emotional health, work and feeling overwhelmed, or just someone to talk to! We will never judge you if you come to us for help or advice; we simply want everyone to feel happy, healthy and supported in and outside of college. Both of us are involved in Peer Support Training and there are other Peer Supporters in college who are specifically trained to give support if you have any concerns.

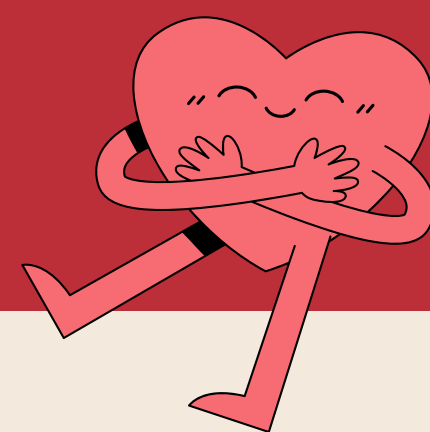
We work with students, College, and the Student Union (SU) to ensure that you have everything you need in terms of welfare to support your time in college. We want to provide well-rounded system for everyone and will liaise with other JCR reps, such as Ethnic Minorities and Disability Rep so that everyone can reach support which is relevant to them.

Welfare Events are something we organise; every week there is a Welfare Tea held in the Danson Room where you can come along, chat to us and other students and have tasty treats with a cuppa tea:). Our events are no-pressure so there's never an expectation for you to eat or drink anything, you can just sit and be with people if that is what you need to take yourself away from work! We also plan to run crafting sessions where you can get creative and take a break, welfare walks in the Uni Parks (literally behind college!) and movie nights! You can speak to us at these events about anything, but you can also email us or come to us outside of these events- we're here for you anytime you need us! If you have any ideas for events we could run, please tell us as well; we want people to enjoy themselves and look after themselves at the same time.

St Anne's has a lot of resources for welfare; through a Sexual Health Scheme, we provide condoms, lube, pregnancy tests and safety alarms anonymously and free of charge- usually there is a box of condoms in the pidge room that you can just take. There are also tampons, pads and other products available which are replenished regularly. During Fresher's Week, Seminar Room 3 in college will be open for us to use and we plan to make this space calm and relaxing for people who want a break from how overwhelming Fresher's Week can be and we will also run events in there!

Please do reach out to us if you're struggling, feeling a bit down or want someone to talk to as we know it can be difficult to find your feet and balance uni life. We will help you or signpost you to someone who is more appropriate to deal with your specific worries. Make sure you follow our Instagram for info and event details: [st_annes_welfare](#).

Welfare Love,
Luca and Daisy xx



ENTZ

What is ENTZ? That is a good question. It stands for 'Entertainment' and in essence, it is all of the social and entertainment aspects of college life.

St Anne's is known for being friendly and we can't wait to meet you all and introduce you to our college traditions! Despite their reputation, Oxford students do have social lives and there's something for everyone at St Anne's. We think it is really important to give your busy minds a rest and let off some steam once in a while. We plan to host an amazing fresher's week for you all - packed full of get-to-knows, club nights, and non-alcoholic events such as movie nights and city tours. As your Entz team, we are planning to hold some incredible BOPs and megaBOPS (which stand for Big Organised Parties, the rather cringeable but very familiar name for college parties both in and out of college!), as well as weekly nights in our legendary college bar like karaoke, open mic nights, quizzes and stand-up comedy.

Annes is close to loads of pubs and parks (for picnics) and not far from the city's clubs too. Jericho is also five minutes down the road and is full of quaint cafes and pubs. We also have plenty of outside spaces - the college quad is always full of people studying and relaxing in Trinity Term, and University Parks is right by the back gate for picnics and sports games. Port Meadow is also frequented by students when the sun's out, and is a hot spot for swimming in the River Isis.

There is a club night for every day of the week so there is always something to do that fits around your busy schedule! Students enjoy cheaper drinks at ATIK's Broke Mondays, great music at Plush on a Tuesday after LGBTQ+ drinks, sporting crewdates and then Park End Wednesdays, the outside bar of Bridge on Thursdays, Fever Fridays and O2/Bully events on Saturdays. There's always something going on! Feel free to contact us about anything events related - plus any fun ideas you may have for events.

See you soon (and bring your A-game!),
Paras & Megan x

BOPS

Bops are a huge tradition at Oxford. They are essentially informal college parties, often with a theme and jointly held with another college(s). At St Anne's, they happen in the dining hall or college bar and everyone dresses up following the theme. St Anne's also hosts larger 'mega bops' where tickets are also sold to students from other colleges. Bops are a great way to meet both other freshers and students across the university!

Themes from the last year include:

Dress as your degree

The Seven Deadly Sins

Xmas Megabop

Adam Sandler x Paris Hilton

FORMALS

Formal meals are another Oxford tradition. They happen fortnightly at St Anne's which makes them all the more special. Everyone dresses smartly and enjoys a three-course meal with (optional) wine in the dining hall.

BALLS

Balls are back and they are bigger than ever! College balls are black/white tie events and are one of the most memorable Oxford experiences and, although they can be expensive, they are totally worth it. Expect top entertainment, incredible food and drink, and a party lasting all night.

FOOD AT ST ANNE'S



At St Anne's we're proud of our chefs who have won awards in national competitions-not something most Colleges can claim. During the week, College offers three meals a day (breakfast, lunch and dinner), and on weekends there is only brunch on Saturday and Sunday- by far the best and most eagerly anticipated meals of the week - and a roast once a month on Sunday. There is always at least one vegetarian and/or vegan option provided at all meals, and menus are available online, on the JCR website, for the week. The Chef and his team cater to all dietary needs; simply make yourself known to a member of the Dining Hall staff and they will be more than happy to help. We are also particularly excited about our new Head Chef, who has been with us for three years now. As the former Head Chef at Turl Street Kitchen (a fancy and incredibly popular restaurant in the centre of town), the meals at Anne's have been getting even better, and we hear that he has plans to experiment with some new street food options!

Food is subsidised with main courses for lunch and dinner at about £3.50. However, soft drinks aren't subsidised (so it might be worth kicking your Diet Coke addiction before coming up). Brunch is perhaps the best value for money, as you can get a full English for just about £3!

At the start of each term, £185 from your battels (a fancy Oxford word for a domestic bill from College) will be credited to your Bod Card (University card), which you pay in the first few weeks of each term. Every time you purchase something in Halls, you will scan your card -**YOU MUST HAVE IT WITH YOU!** It is possible for this to last you the whole term, but only if you stick to eating the very basics. Most people have to top up their Bod Cards before the end of term. This can be done on the St Anne's meal booking service online and may take a while to get used to - ask a second year if you need help. Any money that hasn't been used on your Bod Card will be refunded on your battels at the start of the next term and your balance will be renewed to £185. Tip: **CARRY YOUR BOD CARD EVERYWHERE!** Tuck it in your phone or lanyard. It is both a form of your student identification and a key to get into relevant colleges and for libraries and department buildings as well as allowing you to be able to buy food in hall and STACS.

PRICE AND PAYMENT



FORMALS



A 3-course meal served to your table (with food of an even higher standard than normal hall meals), complemented with by coffee and chocolates. Formals usually cost around £18 (or more, if you opt into getting a bottle of wine) and occur about five times a term (once a fortnight + one charity formal). The online booking system gives you the option to register any dietary requirements and to have wine with your meal, selected and subsidised by the College. You are also able to register any dietary requirements. Suits and dresses are to be expected so take this rare opportunity to show off your suave side! Sometimes there may even be a fancy drinks reception in Ruth Deech Building beforehand, especially at the more popular formal events, such as the Family and Sports formals.

The St Anne's Coffee Shop is open every day of term from 09:30 - 18:30, including Sundays. STACS is perfect for your caffeine fix, offers a famous pizza range, smoothies, cakes - basically all you could want. Best of all, you can pay using your Bod Card like in the hall, which means that it doesn't feel as though you're spending real money..

Krishh's recommendations: The pizza (£4 plus 30p per topping - incredible), the chicken & cheese or the pesto, tomato & mozzarella panini (GREAT quick snack when you're in a rush), and the double chocolate chip cookies.

Whichever accommodation you end up living in, you will be guaranteed a kitchen/kitchenette, so if you fancy yourself as a bit of a Jamie Oliver, aren't able to make it to the dining hall during mealtimes, or have specific tastes or dietary needs, then do not worry; you will be able to cook for yourself. Every kitchen comes equipped with a:

fridge, freezer, microwave, toaster, hob, oven and kettle. (Make sure you declare any food allergies - the wonderful kitchen staff are able to cater to practically everything, and it's important that the college nurse knows, just in case).

STACS AND SELF CATERING



ENVIRONMENT AND SUSTAINABILITY

SUSTAINABILITY

St Anne's cares a lot about sustainability and this is seen in all aspects of college life, from our bee friendly plants to our food! Our kitchen uses locally sourced produce and has drastically reduced their plastic use, and the vegetarian and vegan options are really tasty (we were in the top 10 on the Veggie Norrington Table which ranks the colleges on how good their veggie options are!)

We also run a variety of schemes to help students make eco-friendly decisions including:

A bike sharing scheme to help you get around Oxford quickly and with a low carbon footprint (email mishaela.andrews@st-annes.ox.ac.uk for more information)

A food sharing scheme to reduce our food waste

<https://www.facebook.com/groups/1188619734862356>

Distribution of sustainable period products (email: natasha.jopson@st-annes.ox.ac.uk for more information)

BIKES

Bikes are certainly great for getting about Oxford quickly, however, many people survive without a bicycle. If you are keen to get a bicycle then you should head down to the OUSU early on in the week, as they always have a good sale on bikes left behind from last year. Walton Street Bike Shop is also a place to look if you are willing to splash out the cash, or Decathlon outside of central Oxford. The Police have recently clamped down on cycling without lights, so make sure you get a light for your bike!

Obviously, a sturdy bike lock and a helmet are also essential. The Lodge even sells cheap helmets -some departments have sales at the start of each term, and you can often find a stall near the RadCam in Michaelmas giving free high-vis stickers.

The St Anne's Bike scheme allows you to borrow one of the colleges own bikes up to 4 times a week for a fairly cheap termly price. Contact the lodge if you would like to join this scheme!

BUSES

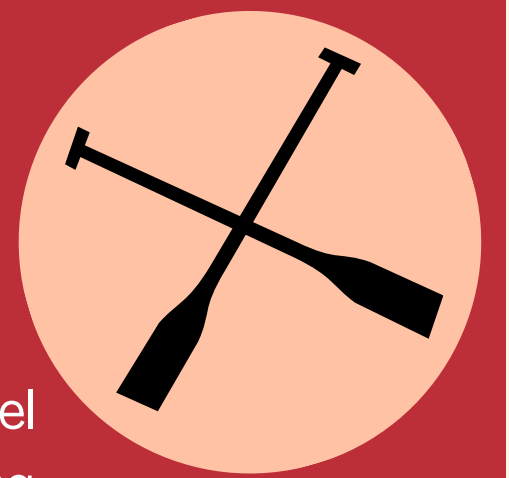
There is a bus system in Oxford, however this is on the pricey side for students for some companies! Return tickets around Oxford to outer locations like Cowley, Iffley and Headington lie in the £3-4 range. For journeys to the Oxford Airport the prices lie around £20. We're lucky St Anne's has a bus stop right outside the front and back entrances!

Sports!



Undoubtedly one of the best aspects of college life is getting involved in college sport. Whether you want to get involved as part of your daily exercise, as a beginner or are looking for more serious competition, there are a range of abilities, sports and teams here at Anne's. Most teams will be running a stall at the St Anne's Freshers Fair, and if not, feel free to contact Benaiah, our sports rep, at yong.hoong@st-annes.ox.ac.uk or our club captains for more information on how to get involved.

ROWING



You only have to see the boat race to understand how big rowing is at Oxford, and college level rowing is a great way to get involved. Whether you've rowed before, or never even seen a rowing boat, St Anne's Boat Club is a great place to join if you fancy a fun, stress-free, but also competitive college rowing experience.

Coxing is also a great way to get involved, if you don't fancy rowing - you'll be an essential member of the team and all you need is a loud voice!

The boathouse is only 10 mins away if you cycle, but walking is also an option. We have both novice and senior crews, who compete in a number races in Oxford across the year, such as bumps and regattas.

As well as providing the opportunity to meet people from different years within college, keeping fit with land and water sessions, and providing a fun stress relief during term time, SABC also has lots of fun socials like crewdates and formal dinners!

If you're interested, or would like any more information, check out the Instagram page [@stannesbc](https://www.instagram.com/stannesbc).



NETBALL

St Anne's mixed netball team has continued its success, winning many games against colleges to remain in the second division. Netball matches take place on Thursday or Friday lunchtimes. College netball is not a huge commitment but is a great opportunity to get in a quick run around between lectures and meet people from other year groups. Win or lose, we always leave the games smiling! As well as playing, we often have lunch as a team and the socials throughout the year include crew dates and curries at Jamal's. The team is fun and energetic and would love to welcome as many new players as possible, no matter your ability. We look forward to meeting you in Michaelmas!



RUGBY

St Anne's/St John's Rugby Team (AK.A. The Saints!) is a joint college rugby team that strikes the balance between excellent sporting standards and a buzzing social scene. Widely regarded as the best college rugby team in Oxford, having won multiple awards and trophies and having been in the rugby cuppers final, The Saints remains all-inclusive and open to all experience levels. There's something for everyone in this big, rugby-loving family.



MEN'S FOOTBALL

A proud sporting institution, St Anne's Football Club, better known as the Mint Green Army (MGA), has two teams catering for all levels of ability. The ones team are in the second to top league of college football and off the back of successive promotions, retaining our place in this league was a serious achievement. Looking ahead to this season, we retain most of the 1st XI but have spaces for Freshers to step up to represent the College. The goal for this season is to have a proper run in Cuppers (cup competition for all colleges), something we have failed to do for far too long now, as well as getting promoted to the top league of college football. The Seconds were relegated last year, but it's a great opportunity for some more chilled football at a slightly lower level and hopefully to get promoted straight back, so there is a lot to look forward to next season. As well as Oxford's best pitch and kit, the MGA are also known for their famous curry nights. We are also invited to play in the uni-wide Futsal League in the Summer, so if 5-a-side is more your thing, then there is also something for you!

LACROSSE

If you're looking to pick up a fun new sport with a really welcoming crowd, great socials and minimal commitment - then the Saints mixed lacrosse team is for you! We train (very casually) about once a week, with cuppers matches every fortnight or so. Whether you've played lots of lacrosse before, only heard of it from Wild Child, or have no idea what lacrosse is, come along and have a go - it's basically glorified catching and throwing! Can't wait to see some new faces in Michaelmas. In the meantime check out our Instagram page @saints_lax_



OTHER SPORTS WE OFFER

We offer many more sports including cricket, rounders, women's football, tennis, badminton, hockey and squash that compete weekly and in cuppers, which are intercollege tournaments. There is sure to be something on the sports scene at Anne's that suits you! There will be many chances to sign up for one of these teams, but your best opportunity is at the college freshers fair in fresher's week. Hope to see you there! If you are interested in setting up/leading a new sport please feel free to get in touch with me, my email address is yong.hoong@st-annes.ox.ac.uk



FACILITIES

St Anne's has its own gym and weight room in college which you can access year-round for £29. These rooms have a number of cardio machines including bikes, treadmills and cross-trainers as well as a range of fixed and free weights. It is also due to be renovated in the very near future! They are perfect for a quick sweat at the end of a long day. If the college fitness rooms don't quite cater for your gym needs, membership to the gym and swimming facilities at the University Sports Centre at Iffley Road is also a reasonable price. Anne's also shares a sports ground with St John's which is known as "The Fortress" and is about a five- minute cycle from St Anne's up Woodstock Road. It has arguably the best-kept pitches in Oxford, with a rugby pitch, football pitch, cricket ground, three hard tennis courts and three grass tennis courts accessible in the summer. The tennis courts are free to use (compared to the £5.45 you would pay at Iffley Road). If you are interested in booking a court, please message me on Facebook or email me at yong.hoong@st-annes.ox.ac.uk.



UNIVERSITY LEVEL SPORTS

If you are super passionate about sport, I really recommend trying to get involved in university level (blues) sport. To sign up for a team, look out for information about trials at the University Freshers' fair. Most university sports clubs will have a Facebook or Instagram where you'll be able to find out more information about their teams. If you're not sure where to start, please don't hesitate to get in touch with me and I'll be happy to help point you in the right direction! Transitioning into life in Oxford is a massive change for everyone and initially the work can feel overwhelming. But don't worry, balancing university sport, your work (lectures, tutes, classes/labs) and social life is very much possible. If at any point you are struggling to get involved in something you want to be doing or having difficulty balancing a super busy schedule (because we have all been there), please feel free to send me a message and I will try to give you some advice about managing everything.

St Anne's is filled with talented sports stars who also have plenty of experience of Blues-level sport so there's likely to be someone at college who you can talk to about the specific sport you're interested in. We can even boast about having a Stanner, Amelia Standing, as the Stroke in the Women's Firsts Boat in 2019, as well as three St Anne's rowers in the Women's Firsts Boat in 2022, including the cox! The costs associated with university level sport (subs, kit, varsity etc) are subsidised by the college and there is usually support available from the sports club so do not fret if you feel that you may be limited by funds. Please feel free to get in touch if you have any questions!



VARSITY SKI TRIP

The Varsity Ski Trip is a massive event in Oxford's calendar in which Oxford and Cambridge students travel to the French Alps for 6 days of partying, skiing and alpine bliss! Older than the Winter Olympic Games, what started out as the Blues Ski races has now become a renowned 3000+ student strong annual event in the Christmas vacation. Don't miss out - it's going to be epic!

Whether you are an experienced slalom racer or complete beginner, the Varsity Ski trip is for you! The whole trip, including ski hire and lessons, are heavily subsidised by the university making it one of the cheapest ski trips out there. Loads of students start out as beginners so don't stress if you've never strapped on skis before! Skiing is only one part of this unmissable trip; relax at the end of the day at après, dance your heart out at the massive opening and closing night parties, and enjoy the many other events that take place throughout the week. Big names from years gone by include Tinie Tempah, Disclosure, Example, Rudimental and Sigala - be sure to expect artists of equal calibre this year, it really will be one of the best weeks of your life! For more information, feel free to contact the St Anne's Varsity rep at paras.shah@st-annes.ox.ac.uk and join the Anne's varsity Facebook for any updates: <https://m.facebook.com/groups/1454241038201701>

MUSIC AT ST ANNE'S

St Anne's has a thriving music scene, with opportunities for all levels of performers. Whether you're the next Sir Simon Rattle or Mr Hudson (both St Anne's alumni), or just enjoy a casual jam now and again, you will certainly find what you're looking for here at St Anne's.

If you enjoy singing, you could join the STAcapella choir. It is non-auditioning and a casual environment for both those who have sung before and those who just want to have a shot at it! The choir meets once a week during term-time and performs regularly. If you want to have the opportunity to perform in a more casual environment with no commitment, you could take part in the regular open-mic nights in the bar, which always have a good turnout.

The St Anne's Music Society is a student-led umbrella organisation for the various College music ensembles. The society organises termly concerts in the MOLT, giving students - both those who study music and those who do not - a chance to perform. Alternatively, if playing chamber and orchestral music isn't really your thing, we also have a new contemporary music ensemble called SACME (St Anne's Contemporary Music Ensemble). The ensemble performs contemporary music including student compositions, around Oxford.

It doesn't stop there, however. St Anne's also has its own BoomSoc, a boomwhacker group. If you fancy learning how to whack plastic tubes in order to play real pieces of music, you might want to give it a try.

St Anne's also has music bursaries available for instrumentalists and singers and hosts an annual composition competition! We have annual performance, including our conducting and composition scholars, competitions also being held for these roles each year. If you want to practise playing, you can practise in one of four of St Anne's practise rooms. You can have access to upright pianos and an ensemble room, which includes a grand piano and a drum kit.



ARTS AND DRAMA

AT ST ANNE'S

ARTS, FILM, JOURNALISM

St Anne's has a vibrant and exciting artistic culture, which we're always developing, and are especially trying to push this coming year. You can participate in regular workshops held in college, including ones focusing on life-drawing, photography and film. We also host open-mic nights and weekly film screenings in the MOLT if you have a passion for film. St Anne's hosts an annual Arts Week, where we promote the artistic talent of the St Anne's students.

Get in contact with Leif, this year's Arts Rep, at leif.findlay@st-annes.ox.ac.uk if you have any more questions about how you can join in, or ideas about projects for this year!

St Anne's is strongly represented in student publishing, with two magazines: Industry and Lunchbox, having been run in the past by Anne's students. We also have a strong cohort of writers and artists working on publications such as the Isis and Cherwell. The St Anne's Arts Fund can provide financial support for theatrical productions, publications, and other events, so just speak to Leif (Art's Rep) if you want to access this.

P.S. Funding under £50 can be given without a motion, but larger sums need a JCR vote

ARTS AND DRAMA

UNIVERSITY WIDE

DRAMA

If you want to be involved in intercollegiate drama, there are plenty of ways to get involved, including groups like OUDS (Oxford University Dramatic Society), OULES (Oxford University Light Entertainment Society) and the Gilbert & Sullivan Society. OUDS has a portal which you can access by visiting their website - where auditions will be listed that you can sign up to for free! Plus, OULES puts on a termly play open to cast and crew of all abilities, so it's a great way to get involved as a complete beginner.

MUSIC

There are bands and orchestras of every type and size in Oxford, all with regular concerts. If you want to continue to play your instrument, and Anne's doesn't quite have what you want, then the broader university will step in! Of course, there are choirs and singing ensembles of every type too. Like sports, some of the groups require auditions and can be rather competitive - but there are many less competitive ones too. One great bonus of university music is that there are likely to be music tours or trips abroad. Our home-grown groups are STACappella, and Boom Soc, as well as many successful student bands.

STUDENT JOURNALISM

Oxford is absolutely full of brilliant student journalism and editorial work. You could write for the Cherwell, the Oxford Student (OxStu) and the Oxford Blue. If you're looking to try out scientific journalism, you can look at the Oxford Scientist (OxSci) magazine. For the more creatively inclined, you should submit to the arts and literature magazines like Industry, The Isis, Lunchbox and the Oxford Review of Books (The ORB).

St Anne's seems to have quite a big presence in Oxford's student journalism, with several Anne's students heading up major university-wide publications in the past, so if you're interested there will most likely be someone around college to get you started! You can find the individual publications on Facebook or contact one of the committee reps for more information.

ARTS AND DRAMA

UNIVERSITY WIDE

DEBATING AND DISCUSSIONS

There are several university-wide societies where you can indulge in discourse ranging from politics to feminism and philosophy, either through informal roundtable discussions or through formal debating. You can find several of these societies which convene weekly discussion groups through the SU website, or on Facebook.

The world-famous Union is the home of debating at Oxford and is both one of Britain's oldest university unions and one of the world's most prestigious students' societies. Whether you are an avid debater or prefer just to have heated discuss with friends, there are opportunities to get involved at many different levels. If you are not so keen on debating yourself, then it may be worth paying the (hefty) fee to join as there are always great speakers, and every Thursday there is an unmissable debate. Past speakers include Kanye West, Michael Jackson, Malcolm X, Marine Le Pen, Lord Sugar, and even daytime television superstar Judge Judy.

**THIS SECTION HAS ONLY REPRESENTED A FRACTION
OF WHAT IS AVAILABLE - WITH EVEN SOME NEW
SOCIETIES COMING UP THIS TERM, SO YOU HAVE A
LOT OF OPTIONS OUT THERE!**

EQUALITIES

This year the Equalities Committee is represented by: Sara Jupp (Equal Opportunities Rep), Aimee Phillip (Ethnic Minorities Rep), Isabella Hickman (Access Rep), Destiny Rose-Forde Kennedy (Class Rep), Lucianna Cartwright (Disabilities Rep), Natasha Jopson (Women's Rep), Sofia Arata (International Rep), Helen Ross (LGBTQ+ Sexualities Rep) and George Rowe (LGBTQ+ Genders Rep).

St Anne's is an inclusive community and as your Equalities committee this year we are truly trying to embody what it means for everybody to be treated equally. At St Anne's each representative hosts at least one event per term, and we collectively host Equalities Week which will happen in Hilary Term. Each of us are a point of contact to support you in any issues you may be facing with regards to equality, including issues we don't specifically have representatives for such as FirstGen, care leavers/young carers, and low income. As a university we have lots of campaigns on the Student Union website, which you can read more about here! (<https://www.oxfordsu.org/representation/campaigns/>)

Current Campaigns include: CLASS Act, FirstGen, DisCam, CRAE, WomCam and many more!

The Equalities Committee are here to help, so please don't hesitate to contact any of us. As students ourselves we can relate to your experiences which may be easier for you to discuss rather than a professional. However, if necessary, we can point you in the right direction if speaking to someone else is more appropriate (e.g. counselling services, the welfare team).

CLASS

It is incredibly important that first-gen students and those from a poor socio-economic background feel settled once they've arrived at Oxford. We appreciate and understand that all the fancy jargon, gowns at matriculation, formals and balls can make this particularly difficult as it isn't what most people are used to experiencing. Nonetheless, we want to make sure that everyone can have lots of fun, make the most of the unique experiences and feel comfortable. Also, with the rapidly increasing cost of living, it is crucial that there is adequate financial support in place to help those who require it most, especially as permanent, paid work during term time is not permitted. Luckily, Oxford university in general, and Anne's as a college is on the more affordable side when it comes to rent and food prices, and we also have hardship funding available when people get into significant financial struggle. There is also a lot of financial information available in order to help with budgeting.

EQUALITIES

ETHNIC MINORITIES

The BAME community across Oxford University is strong and closely knit.

BAME formals are a great opportunity to meet other BAME students from other colleges and other years and BAME socials with one or two other colleges provide another occasion where you can meet other students of a similar background and culture (great for if you are feeling homesick). Socials include trips to G&D's (Oxford's renowned ice cream parlour), college bar trips, and other events, many of which take place in Anne's itself.

The Student Union also hosts a range of BAME activities such as BAME Leadership Events, which aims to empower current and aspiring leaders to be effective in their role. Other events discuss issues raised by current BME students, such as being confident as the only BAME person in the room, and these sessions can be a great way to discuss any concerns or thoughts you may have about being BAME in Oxford.

The BAME community at St Anne's is friendly and welcoming to everyone, and our regular socials are a great way to relax and socialise with other BAME students at Anne's.

WOMEN

Something highly useful to be aware of is that college has a stock of free sanitary products that you can order either by contacting your Women's Rep, Tash, on natasha.jopson@st-annes.ox.ac.uk or anonymously via this form: <https://forms.gle/Z9UD4bLNrp4DpR8F9>. Please do take advantage of this system if it's of use to you - we have a significant backlog and a budget to buy more products so make the most of not having to pay for your period supplies! You can get a variety of pads, tampons and menstrual cups completely free!!

ACCESS AND OUTREACH

Access and outreach is a really important part of St Anne's and there are lots of ways you can get involved. By becoming a Student Ambassador for college, you will be able to represent Anne's by giving college tours and answering questions from potential applicants from primary and secondary schools. It's such a great opportunity to feel like a part of the college community, and it feels great to help provide students from more disadvantaged backgrounds with advice and information, to make Oxford feel like a possibility for them. There is also the opportunity for paid work, including open days and residential, which is a fantastic way to earn money while doing something really worthwhile.

EQUALITIES

LGBTQ+ COMMUNITY

Anne's is a very welcoming and open college. We have a big queer scene with events often happening in and around college, both college only and for the wider university. Some events run within Anne's are intended for just LGBTQ+ students, and some are for allies as well; if you're not sure where you fit within the community, come along and have a chat or just take in the atmosphere. Additionally, the LGBTQ+ Society hosts weekly socials for different subsections of our community and there is the legendary Tuesdays where people meet in a college JCR or bar to socialise before heading to Plush (a queer nightclub in the city).

Aside from the fun, there is also a lot of support available. If you are transitioning there is a gender expression fund which you can claim expenses related to this (social and medical) on by contacting the Genders Rep. There is also one run by the LGBTQ+ Soc. We also have two LGBTQ+ Reps in college whose job it is to fight your corner so if you encounter any difficulties or want advice or even just a friendly queer face, they are contactable. This year they are Helen (she/her) and George (they/them). They run an Instagram account (@lgbtqiannes) which regularly posts information regarding queer life in Oxford.

Moving to a new place can be scary as a queer person but Oxford is a very welcoming place with an excellent queer scene. We look forward to meeting you!

CULTURAL FOOD PLACES

We recognise that a lot of students will want to cook for themselves but don't know where to buy specific ingredients for those home cooked cultural meals, so here is a list of supermarkets where you can buy non-english foods, whether it's that really particular Swiss chocolate, or halal and kosher meat! We recommend you also bring some with you if you're worried.

Baltic Food (Cowley Road)

Euro Supermarket (Cowley Road)

Lung Wah Chong (near the train station)

Seoul Plaza (Cowley Road)

Tahmid's Store (Cowley Road)

Gloucester Green Market (often has pop-up stands with food from all over the world)

DISABILITIES

DISABILITY SUPPORT

Being disabled at Oxford can bring some unique challenges. However, the University and your tutors want the best possible for you, and there's a wealth of support to ensure that your time in Oxford is fulfilling and enjoyable.

Navigating life with a disability can be tough, so it's really important to ask for support. You're not being given anything you don't deserve – this support is simply there to help level the playing field.

Sheila Smith (St Anne's Disabilities coordinator—sheila.smith@st-annes.ox.ac.uk) is your first port of call for disabilities support. Contact her as soon as you can, so that she can help to work out how College and the University can help you best.

All disability support is entirely confidential. Any information you share is never passed on without your permission, but it's really helpful to share some info on a need-to-know basis with your tutors and the DAS, so you can receive the best possible support.

CHECKLIST

It's great if you're able to do as much of this as possible before term, because it can take several weeks to set up.

- Contact Sheila Smith, Disabilities Coordinator, as early as possible.

She can help you to register with the DAS (Disability Advisory Service). The DAS can then help you to apply for DSA (Disabled Students Allowance), which funds equipment, expenses, non-medical helpers (e.g. scribes), and more to support your studies.

With Sheila and the DAS, you can create your Student Support Plan (SSP), which details how your condition affects your studies and helpful adjustments to accommodation, teaching, and assessment.

To give some ideas about what might be helpful in your SSP, here are two examples: https://www.ox.ac.uk/sites/files/oxford/Anonymised%20sample%20SSP_0.pdf; <https://www.ox.ac.uk/sites/files/oxford/SSP%20for%20OPEN%20DAY%20070618.pdf>. Your SSP can also include things like accessible accommodation adjustments and more. But, remember, these examples are not exhaustive – if you think something would help ask for it! Please note that Student Support Plans are being updated so may be slightly different to these examples.

- Get medical proof. Ask your GP or hospital doctor for a letter detailing your condition and how it affects you. See <https://academic.admin.ox.ac.uk/medical-evidences-and-certificates> for a template. No diagnosis yet? No problem. It isn't uncommon to be waiting for a referral, and you can still access support from College and the University during this period. Request a letter from your GP explaining that your symptoms and/or traits match the diagnostic criteria for your condition, and that this condition is defined as a disability under the Equality Act. This will be treated by the DAS as if it was a letter of diagnosis.
- Explore whether you're eligible for free prescriptions. <https://www.nhs.uk/nhs-services/prescriptions-and-pharmacies/who-can-get-free-prescriptions/> gives eligibility details. It's worth a look, as it can save a lot of money if you frequently receive prescriptions.

This is only a quick summary, so please contact me (lucianna.cartwright@st-annes.ox.ac.uk) or Sheila if you'd like any extra information or support. We're here to help! You can also contact your tutors independently to request accommodations. Unlike support from the DAS and DSA, you do not need medical proof to do so. This is useful if you don't have a diagnosis, or don't have one whilst also not meeting the requirements for a GP letter in its place.

DISABILITIES

COMMUNITY

- Within college, we have our own St Anne's Disabilities Community. This year, I'm hoping to organise regular meetups, where we can chat about our experiences and anything else besides. Really, it's just a chance to meet some more people and relax.
- The Student Union has created DisCam – the Disabilities Campaign – which has a Facebook page for general advice and notices alongside specialised groups for different disabilities. <https://www.facebook.com/groups/OxfordDisabilities/permalink/1153897018106611>. It's a great way to meet people with experiences similar and different.
- Neurodiversity at Oxford is a project organised by Dr Laura Seymour and Professor Siân Grønlie (who teaches at Anne's!), with DPhil student Georgia Lin as Project Coordinator. The project hosts events that connect individuals socially and professionally, including poetry readings, art exhibitions, informal crafting sessions, and zine workshops. They also offer mentoring. <https://neurodiversityoxford.web.ox.ac.uk/>

An important reminder

A disability is defined by the UK Equality Act 2010 as a 'a physical or a mental condition which has a substantial and long-term impact on your ability to do normal day to day activities.'

This includes more than you might assume—including some conditions that don't always have obvious effects. So make sure you check <https://www.citizensadvice.org.uk/law-and-courts/discrimination/protected-characteristics/what-counts-as-disability/> for more detail.

Some examples of help you could get:

Extra time/rest breaks in exams

Exams spread over a longer period of time

Recorded lectures

Transport to and from contact hours (lectures, tutorials, classes)

Library assistant to take out books for you

Use of lifts

Accessible accommodation in college

FAITH

If faith is important to you, there is plenty at both Oxford and St Anne's to help you maintain this. At university a shared faith can be a great way to meet new people. Discover more about yourself and enjoy some great experiences. Whatever your religion you will find a society or a group which allows you to meet other like-minded people.

ST ANNE'S CHRISTIAN UNION & OICCU (INTER-COLLEGIATE CHRISTIAN UNION)

Our CU is a lovely group of people who have a shared love and/or interest for God. So, regardless of where you stand with faith, we'd love to meet you and chat about quite literally anything!

Currently, we hold a Bible study every other week, and a hot chocolate and prayer evening every Sunday.

We also have various fun events every term both within our college and joint with the others. OICCU also hosts a range of seminars, talks, and socials. There's lots more information available on the website and Instagram pages. Really looking forward to meeting you all in October!

JEWISH SOCIETY (JSOC/OJC)

Oxford Jsoc (Jewish Society) is NOT just a religious society; our aims and likewise our events are varied in their nature. JSoc organises social, educational as well as religious events for students of all shades of observance - ranging from those who go to shul three times a day to three times a year. With prestigious speakers, cocktail parties, bagel brunches and of course Friday night meals, Jsoc provides a unique opportunity to mix with other Jewish students. We also provide meals every night of the week at the OJC (Oxford Jewish Community Centre) so eating kosher food in Oxford should never be an issue. Charges are reasonable. Look on the J-Soc website for further details. Oxford JSoc has its very own Chaplains, Tracey and Michael Rosenfeld-Schueler. They are around not just to educate, but for any help on any issue, however mundane you might think it is. Further details on the Oxford Jewish Chaplaincy website <http://oxfordchap.weebly.com/>.

Whilst the OJC is the home of Jsoc, we have plenty of events that take place in colleges, which is a great way to get to know Oxford. We have 'lunch n learns' most days of the week on a plethora of controversial and interesting Jewish issues. Traditionally Jsoc has been at the heart of many interfaith and intersociety events, from barbecues to football matches. Despite having events most days of the week, Friday nights are at the heart of JSoc. With themed dinners, speakers and of course chicken soup (that will never match up to Grandma's but we try), Friday night services are a great way to end the week. The JSoc lounge combined with an abundance of alcohol (and kosher food!!) ensures that Friday nights are not only a meal, but one of the best social events of your week. Further details on the J-soc website <http://www.oxfordjsoc.co.uk/jsoc>.

ISLAMIC SOCIETY (ISOC)

The Islamic Society brings together students and alumnae from all backgrounds whether Muslim or not. This university-wide society brings together members from across different colleges for socials, dinners, lectures and classes! There's a weekly term card with all the events going on including Interfaith Formals, Ice Skating and chilled-out trips to G&D's. Ramadan is notably one of the most exciting times for Muslim students as we often get together for evening meals and prayers and enjoy some Halal food. The Prayer Room located in the Robert Hooke Building is a popular place for Muslims to get together for Jummah prayers! There is a large emphasis on welfare and support for other Muslim students and we hope that it will create an environment where students can feel as though there is someone to turn to if they need help. As an extension of this you can opt-in to have an ISOC-parent to link you directly with students in ISOC who study your subject! To find out more check out the website: <https://www.ouisoc.org/ouisoc-committee>.

The Oxford Centre for Islamic Studies is also a new institution which has a beautiful library and grounds for studying and lectures located next to Magdalen College. You can get a library card to access an even larger range of Islamic Culture related books and scriptures here: <https://www.oxcis.ac.uk/news/library-reader-cards>.

HUMSOC

The HUM Society caters for the needs of the Hindu and Indian students by providing a range of religious, social, and cultural events across the university. The group intends to educate both Hindus and non-Hindus in the teachings and philosophy of Hinduism. Previous events have included Holi celebrations, social dinners, interfaith sports and speaking events. Every week there are Aarti sessions, involving the waving of lighted lamps before an image of a God, which can be great to give the mind a break after a hard day's work. The Oxford Centre for Hindu Studies isn't far from Anne's either. To find out more check out the website: <https://oxfordhindusociety.co.uk/#about>

FINANCES

STUDENT LOAN

The most important thing to do before you arrive is to sort out your student loan; you can find out how much you're entitled to, and apply, here: www.direct.gov.uk/studentfinance. Make sure to do this as soon as you can, so you have plenty of time to focus on the more exciting aspects of coming to college. If you fill it in late, your first payment might be delayed so definitely get on this ASAP...

Your student loan is split into two parts:

The Tuition Fee Loan - this covers the entire cost of tuition for home and EU students and is paid directly to the university (one less bill to remember!)

The Maintenance Loan - this covers other living costs; it is means-tested (i.e. the amount you receive depends on your household income)

Last year, the total cost of staying in college accommodation for all three terms was around £4900. This included a room during term, and £185 of hall food per term. Although this is a good rough guide for this year, prices will be going up this year (ugh).

OXFORD UNIVERSITY BURSARY SCHEME

This provides money according to your household income, as stated in your student loan application. Staggered funding is available for people with household incomes lower than £42,875. Details can be found here: <http://www.ox.ac.uk/students/fees-funding/ug-funding/oxford-support>

WORKING IN OXFORD

You're not allowed (and most likely won't have time) to take on proper work while you're at college. The one exception is working for college - you may be able to pick up a couple of shifts per week at the college bar, or do some light library work. Working as an ambassador, either for college or the university, normally reaps financial (or culinary) rewards, as well as providing a good CV filler.

STUDENT BANK ACCOUNT

In short: it's worth getting one. Compared to normal current accounts, they tend to offer excellent terms to students. Make sure to shop around, as banks offer different benefits with varying overdraft options and freebies, like student railcards or vouchers. For foreign students, opening a bank account may require a little more effort. For more information for International Students, please refer to the International Guide or contact our International Rep, Sofia Arata.

FINANCES

INTERNSHIP AND WORK OPPORTUNITIES

The main thing to do with these is keep track. Sign up to a couple of careers networks at the freshers' fair, and try to read the (many, MANY) emails you'll receive with lists of opportunities. These will start as soon as you arrive, and sometimes being the early bird will pay off. There are micro-internships specifically for between term-time, and a huge range of Summer internships both paid and voluntary. The applications and deadlines come out in strict batches so do keep your eyes peeled for anything of interest. Some internships will also be advertised on the JCR Facebook page. CV clinics are run by both the college and the University of Oxford Careers Service, to help guide you through the process if you're struggling. Our advice is apply to a few at a time and know that you don't have to choose something directly related to your subject! Website: <https://www.careers.ox.ac.uk>. Any questions regarding internships and Careers, please contact Bella our Academic Affairs Officer (Isabella.whitmore@st-annes.ox.ac.uk) or Gaspard Rouffin our JCR Treasurer (gaspard.rouffin@st-annes.ox.ac.uk).

STAYING ON TOP OF YOUR FINANCES

Budget budget budget! Money management apps (such as Money Dashboard and Yolt) are a good way to keep track of your spending, and offer tips on how to avoid your overdraft. Websites like MoneySavingExpert also offer advice and information about a range of financial topics.

LEVIES

These are payments you must make at St Anne's used to fund JCR provisions, and other good causes. Some of these are optional, but a few are compulsory (mainly to avoid people freeloading!). The compulsory Levies are:

- JCR Welfare Levy - The Welfare Levy is used to provide vital services to St Anne's students throughout their time at university. These include services such as Welfare Teas, Peer Supporters and Contraceptive provisions.
- Punt Levy - The Punt Levy provides free access to Punts during Trinity term to all members of St Anne's College.
- Homeless Levy - This levy is given to a broad range of local homelessness charities via On Your Doorstep.
- Danson Room Maintenance Levy - This levy is used to pay for improvements and upkeep of the JCR.
- Living Wage Levy - This levy is used to ensure that all staff working at St Anne's College are paid the Real Living Wage, currently £10.90 an hour.
- Sanitary Products Levy - Last term the JCR voted to introduce a new £1 compulsory levy which will go towards purchasing sanitary products. This will greatly improve the resources and availability of the Sanitary Product Scheme which allows products to be distributed to JCR members for free.

The opt-out levies are:

- JCR Charities - This levy is specifically for donating to charities, chosen each year by the JCR through voting
- JCR Homeless Action
- JCR Oxford Refugee Scholarship
- JCR Arts Levy - this levy helps fund Arts week.

GLOSSARY

Ali's

Kebab vans serve the same function as 3am as oases do in desert environments. Not quite Evian, but heaven when you need it. He is (twice) an Honorary Member of the JCR and has recently invested in some sweet new wheels. Fresh food and fresh looks. Best known for the North Oxford delicacy the 'St Anne's Special'.

Arts Week

A week in Trinity Term when Anne's turns up its culture vibe. Expect exhibitions, plays, pimms and painting! You can get involved with the latter - find out more in Michaelmas term.

Battels

College bill. Includes hall food and any other expenditure on your Bod Card. Often increases proportionately with time spent in the College bar.

Beaver

College mascot because St Anne's students spend their days out, hard at work, and retire to their homes at night (a highly questionable analogy). Check out the beavers carved into the stonework of Hartland House.

Amy Hartland was a generous benefactor with Canadian roots and admired the work ethic of the early Stanner women.

Bod-Card

Bodleian University Library Card. Used to take out books from the various university libraries, including our College Libraries. Also used to pay for hall meals.

Topped up via meals website.

Bop

Themed Parties that each College holds a few times each term. Part eye-watering hedonism, part Freudian childhood relapse. Two sides of the same coin, really, but always great fun and an essential feature of first year. Our dining hall 'Mega-Bops' are renowned across the whole university.

Collections

College assessments taken at the beginning of each term, because nothing says hello to a new term like a three-hour exam. Officially the world's worst progress test and they also don't actually count towards your degree. But, you know, all part of the fun.

College Family

Bizarre peer mentoring system which has become an ingrained social service in its own right. First-year children are assigned two second-year parents: subjects similar, genders unspecified. Your College parent may have a spouse. Do not be alarmed by this: it isn't legally binding.

Consulto et Audacter

The College's motto, meaning 'purposefully and boldly'.

GLOSSARY

Crew Date

A dinner you will have, usually with your sports teams, but can be related to any society or subject. You will go to a local restaurant - favourites are Jamal's and Vinnie's. The custom usually is to eat a lot and expose your team members through a series of drinking games you usually won't remember. Don't feel pressured into drinking though if you don't want to!

Danson Room

The undergraduate common room sporting comfy seats, a subscription to Sky, ping pong and foosball tables and some working space too. Also where JCR meetings are held (although not mitigating the discomfort of floor-bound latecomers). Welfare teas are also hosted here along with group showings of Love Island during the summer.

Dean

Nice and important person whom you should only really ever be seeing whilst in the company of several hundred other people. If you're 'deaned', you've probably done something wrong, and if you can't remember what that was, likelihood is that's part of the problem.

Formal Hall

Special dress-up three-course meal held usually five times a term at St Anne's; a proud Oxford tradition. Food is better than anything you could possibly cook/mildly heat in your life. Wine can be included in the price of the meal. Make sure you book up in advance as they sell out quick, especially the Family and Christmas formals. Menus and seating plans are available on the notice board in Hartland House.

Gowns

Funky black drapery designed to make you exude pure scholarliness and look extremely attractive to tourists. Needed for matriculation, disciplinary meetings, exams and formal hall in some colleges (but not at St Anne's). Students who achieve a distinction in their first-year exams are upgraded to long Scholar's gowns.

JCR Committee

Your representatives to college, who are there to address all the concerns you might have. You'll think it's a big deal maybe for a week (but hopefully the novelty will never fade), then likely realise that we're the same as you only with... We're just like you, there are no perks.

Key/Fob

Surprisingly expensive items that you need to get around college and, most importantly, into your room.

Matriculation

Compulsory official registration ceremony where everyone wears subfusc and files into the centre of town to listen to some Latin. It may feel a little tedious but everyone makes a day of it and it's the most Oxford you will feel in your entire time here.

GLOSSARY

Prelims/Mods

First-year (Prelims/Mods) and final-year examinations. Most take their first-year prelims at the end of Trinity term, in summer, yet PPL and Law, Psychology and Classics students sit their mods at the end of Hilary term. Keep calm and carry on.

Principal

Helen King. She runs the college.

STACS

Glorious acronym for St Anne's Coffee Shop, opened in 2008. Opens at 09:30am and closes at 05:30pm daily and takes Bod Cards. Great for working or a catch-up. Get your caffeine fix, and treat yourself to one of their famous pizzas (with a pint if you fancy).

Stash

Basically Merch for college. You can buy College stash (e.g. puffer jackets or fleeces that feature the Anne's crest); university stash; sports stash; stash for different societies - the list is endless. You can also add your initials too! Walk down Cornmarket Street and you will encounter at least 100 people wearing different articles of stash.

Trashing

The Oxford way of celebrating the end of your exams - by having your friends throw prosecco, lambrini, confetti, silly string, Holi paint and shaving foam all over you before a pleasant jump into the River Cherwell.

Varsity

The famous Oxford Blue vs Cambridge Blue (minty green) sports matches played every year. Also used to refer to the annual Oxford and Cambridge ski trip.

CHECKLIST

BEFORE YOU ARRIVE

- Read the Freshers' notes produced by College and **FILL IN AND RETURN ALL OF YOUR FORMS**. This will make your life once you arrive at Oxford much easier, and make sure you're not in College's bad books.
- Make a dent in your reading lists, even if it's just a few books! Your life will be easier in Michaelmas term. Don't stress yourself out about it though, you will not be at a massive disadvantage if you can't complete it and not only that, but some subjects don't send out reading lists early so don't worry!

WHEN YOU ARRIVE

- Arrive at St Anne's for your allocated time slot. Head straight on over to the Lodge where Freshers Helpers will give you your key and welcome pack
- Find a friendly Freshers Helper (look out for nametags!) and we will show you to your room and point out various key areas of College. Unload all your things into your room. See off your parents, dry your eyes (and your mum's) and get ready for a great week.
- Get to know your room and your accommodation. Locate the nearest shower, kitchen and bathroom. Keep hold of your key and fob.
- Meet your housemates and prepare to introduce yourself. You will be living with these guys for the next nine months so make the effort!
- Go across to the lunch hall. Here you'll be able to meet lots of other Freshers. Sit with whoever, anyone will be happy to chat.
- Make your way to the Danson Room or the Quad where you'll be able to meet the rest of your year group, as well as other Freshers Helpers.
- Most importantly, relax and enjoy yourself. Don't worry about trying to meet everyone and remember everyone's names. Instead make the most of everything and have fun on your first day.

FINAL WORDS

We hope that this booklet has answered any questions you've had about life at St Anne's and that you're as excited as us to be back at St Anne's (for many of you, you'll be seeing St Anne's for the first time!). After months of working hard on personal statements, interviews and admissions exams, it can feel strange that your Oxford journey is soon to begin. You've made it! - don't forget that you deserve to be here based on your efforts, strengths and dedication. Oxford is a fresh start, and this year will no doubt be a strange one, but it will pass very quickly so take the time to take it all in and make the most of it!

There's a reason the Oxford admissions process is so long and rigorous. It's not just for the university, so that they can find the best people they can. It's also about choosing people they feel sure will survive and thrive at Oxford. So, if you have anxieties about starting or are worried your tutors have made a mistake, they most definitely haven't. Every person who turns up has been meticulously selected for a specific reason. It won't just be you having those feelings and you are always far from being alone. One of the worries everyone has, in Freshers' Week and beyond, is the sense that everyone is doing better than them; succeeding socially, or coping better academically. That is not true. Everyone has their ups and downs. Oxford is truly a rollercoaster and you're no different.

The opportunities at Oxford range from subject societies, micro-internships, sports, music, art and everything in between. You can do whatever you want and you can do it at the highest levels and competitively. Work is important, but not the be-all and end-all. Oxford could teach you how to be the best Earth Scientist, Historian or Economist in the UK; it could help you to become a stand out actor, a compassionate writer or a resilient rugby player. It doesn't have to be one or the other.

Fresher's Week may look like another few days, however it is a unique time where there is almost no academic commitment - a time to find your feet, make friends and discover St Anne's, Oxford and what they have to offer. But remember to not put too much pressure on yourself from the beginning, just enjoy yourself and everything else will fall into place!

Thank you for reading this, I hope it was informative and if you have any other question feel free to email me at krishh.chaturvedi@st-annes.ox.ac.uk!

This handbook has been created by Krishh Chaturvedi, and edited by Ruby Austen

Based on the previous year's handbook compiled by Vivian Abrokwah and Holly Boyle

Enjoy the last few weeks of the summer - we are eagerly awaiting your arrival!

CONTACTS

PRINCIPAL - HELEN KING

Helen King is a former St Anne's PPE student who then went on to a prolific career in law enforcement, making her way up to the position of Assistant Commissioner, the third highest rank in London's Metropolitan Police. You already know that she's a big deal at college, but she's also a really nice lady who will often stop you for a brief chat when walking around college.

VICE PRINCIPAL – PROFESSOR DON PORCELLI

Prof. Porcelli is there for a confidential chat about College life, work and policy.

TREASURER - MR JOHN FORD

In charge of all things financial. John is the person to see if you are worried about money. Remember, there is no such thing as a stupid question when it comes to managing finances.

SENIOR TUTOR FOR ADMISSIONS - DR SHANNON MCKELLAR

Responsible for the academic business of College - from student recruitment, academic progress and academic teaching staff (tutors and lecturers). She works closely with the JCR Academic Affairs, Access and Welfare Reps.

DOMESTIC BURSAR - MR JOHN BANBROOK

The Bursar is responsible for maintaining College facilities. The Bursary consists of vital departments: Accommodation, Catering & Facilities.

ACADEMIC REGISTRAR – KATHERINE BROWN

Responsible for academic administration. Also works with the Academic Office, which produces materials for incoming Freshers and helps us plan Freshers' Week - please make life easier for them by returning all of your forms on time!

DEAN - PROFESSOR FREYA JOHNSTON

Prof. Johnston is a Fellow in English. It is Prof. Johnston's job (along with the Assistant Deans) to ensure that we all live happily ever after in the College.

IT MANAGER - MR IAN BURNELL

He runs the college computer network. Contact him if you have a problem with the network. For problems with your own machine, contact the IT Rep (Sam Davis).

LIBRARIAN – CLARE WHITE

Responsible for both College libraries, she is a friendly face who is sure to also become a familiar face quickly from your many visits to the library.

WELFARE DETAILS

WELFARE CO-ORDINATOR AND SENIOR TUTOR - SHANNON MCKELLAR

Oversees and co-ordinates welfare support in college. She is available to meet students with any welfare concern, academic or not. Contact shannon.mckellar@st-annes.ox.ac.uk Academic Office, 1st floor, Hartland House (East)

DEAN OF WELFARE - RACHEL BUSBY

Responsible for student welfare in collaboration with the Assistant Deans and the rest of the Welfare team. Contact: dean.welfare@st-annes.ox.ac.uk (please email in advance to arrange a meeting) - 50 Woodstock Road.

ASSISTANT DEANS - ROBERT STAGG, JENNIFER CASSIDY AND BEN VERBOOM

They live on the main College site and can be contacted by students for an informal chat or advice. They report to the Dean (Freya Johnston) and Senior Tutor (Shannon McKellar). The assistant deans are accessible between 7pm and 8am, but if you want immediate assistance, call the lodge.

Contact: robert.stagg@st-annes.ox.ac.uk / jennifer.cassidy@lincoln.ox.ac.uk / benjamin.verboom@spi.ox.ac.uk

COLLEGE NURSE - JULIE OSBORNE

For all medical and health concerns. Available Monday, Thursday and Friday 09:30 - 12:30, Tuesday 14:00 - 17:00 and Wednesday 10:00 - 13:00. These times may change. Contact: Via the Porters' Lodge or

st-annesnurse@nhs.net - 27 Banbury Road, Ground floor.

COLLEGE DISABILITY CO-ORDINATOR - MRS SHEILA SMITH

Organises many of the practical arrangements surrounding disabilities & works closely with the Disabilities rep to facilitate the needs of all students. Contact:

sheila.smith@st-annes.ox.ac.uk - Academic Office, 1st floor, Hartland House (East)

JCR WELFARE REPS - DANIEL BAARS AND MATILDA JACKSON-LONG

Contact: daniel.baars@st-annes.ox.ac.uk and matilda.jackson-long@st-annes.ox.ac.uk

JERICO HEALTH CENTRE. NEW RADCLIFFE HOUSE. WALTON STREET

College GP Practice. This is part of Dr. Leaver and Partners.

How to contact: 01865 311234 (this is also the out of hours contact number)

EXTERNAL SUPPORT

EMERGENCY SERVICES: (ONLY IF THERE IS A GENUINE EMERGENCY) 999

NON-EMERGENCY POLICE: 101

ST ALDATES POLICE STATION (THAMES VALLEY POLICE): 8 KING EDWARD STREET,
OXFORD, OX1 1SZ

NHS: 111 (WHEN YOU REQUIRE URGENT MEDICAL HELP BUT IT'S NOT LIFE-
THREATENING)

JOHN RADCLIFFE HOSPITAL: 01865142 166. HEADLEY WAY, HEADINGTON, OXFORD,
OXFORDSHIRE, OX3 9DU

OXFORD FAMILY PLANNING: 01865 456 666

OXFORD GUM CLINIC: 01865 231 231

NATIONAL DRUGS HELPLINE: 0800 11 66

IF IN DOUBT ABOUT WHO TO CONTACT IN AN EMERGENCY CALL THE LODGE AT:
+44(0)1865274800